



**Invitation to Attend**  
**SHOWGIRL PERSONAL DEVELOPMENT DAY**  
**Sunday 4<sup>th</sup> November 2018**  
**Hosted by the Nowra Show Society**

The Nowra Show Society is pleased to invite participants to attend an annual personal development day for Showgirl entrants as they prepare to enter their local and/or Zone Showgirl Competition. The day will once again incorporate two 'farm visits' providing Showgirls with an exciting, hands-on, agricultural experience in addition to sessions focusing on how to prepare for further stages of the competition.

Show Societies are encouraged to send along young women who are thinking of entering the competition in future years or current Showgirls who are preparing for the 2019 Zone Finals. It is also an excellent opportunity for any young lady who wishes to further their career prospects by gaining the self-confidence necessary to pursue their field of choice.

**Date:** Sunday 4<sup>th</sup> November 2018

**Meeting at:** Nowra Showground - Committee Rooms, Junction Street, Nowra NSW 2541

**Time:** Registration from 8.00am

*A detailed program is available upon request.*

*Participants are asked to meet at the Nowra Showground ready for an 8.15am departure. Transport for the two farm visits will be provided by Members of the Nowra Show Society. Please contact the Showgirl Coordinator if you wish to make alternate travel arrangements.*

*Should participants not wish to attend the farm visits, please meet the group at the Nowra Showground at 10.45am for Morning Tea.*

**Training:**

*Current Agricultural Practices & Challenges*

*Social Etiquette*

*Public Speaking*

*Wardrobe, Hair & Make-up*

*Department and Grooming*

*Interview Techniques*

*Showgirl Competitions – Around the World*

**Dress:** Smart Casual. (Note: Enclosed shoes are recommended for the farm visits)

**Cost:** \$55.00 – Showgirl Entrants; \$25.00 - Coordinator or Non-Showgirl attendee

*Morning Tea, Lunch & Afternoon Tea and applicable course notes are included.*

For enquiries and further information, please contact Jessica Apperley, Showgirl Coordinator, Nowra Show Society  
E: [showgirl@nowrashow.org.au](mailto:showgirl@nowrashow.org.au) Phone 0418 961 783

**RSVP to the Showgirl Coordinator, Monday 29<sup>th</sup> October 2018**